

## 2018 HK4As Students' Award Finalist List



**Theme: Mindfulness and Living Well**

Entry Title	Institute	Finalists
It's Okay	City University of Hong Kong	Xu Siya To Pak Sze Persy Ye Zhi Chen Yang
海之告白	Technological and Higher Education Institute of Hong Kong	Wong Wing Sze
Liberate Your Mind	Hong Kong Design Institute	Li Chun Hung Chung Cho Fan Chow Wing Kwan Ip Man Hin
Dear Yourself, Love Mirror	Hong Kong Baptist University Shek Mun Campus	Chan Kwan Yin Lai Man Kwan Li Sze Wing Yun Hau Chi
「執你一劑」	Community College of City University	Chan Hoi Kiu Wong Hoi Tung Hui Tsz Fung Chung Kit Ying
Self-Help 自救	Community College of City University	Luk Wing Ki Yvonne Kong Tsz Ching April Cheng Chun Yin Alex
解結行動	Hong Kong Baptist University	Yang Yidong Li Tak
MindDropping	The Open University of Hong Kong	Tang Tsz Yan Ho Kai Yan Lee Man Wai
Mindfulness In Your Maze	Hong Kong Baptist University	Ho Sze Hang Li Sau Wun
Minder	Hong Kong Design Institute	Lau Tsz Ching Choi Yin Lam Shak Ka Yiu Chan Hei Yeung